



Rosary

"This rosary actually belonged to the Thirteenth Dalai Lama. He kept many, many rosaries, so I kept this out of all of them. You see, when we study, according to tradition – we are allowed to keep this kind of rosary [wooden]. Stone or other materials are prohibited – only this kind. During my examinations at *Monlam* as well as at the famous monasteries, I kept this rosary with me. So it reminds me in one way of a very fortunate day, a very proud day...and in another way, one of quite anxiety because of my examinations!"

Escape Watch

"This other watch – one of my relatives after his pilgrimage to India brought me and presented to me as a gift. I am fond of this very much. In 1959, on March 17, when I left Lhasa, this watch was on my hand. 17 March 1959, 10:00 p.m. Lhasa standard time, I left from Norbulingka. So this watch became a very important instrument for the exact time to leave the Norbulingka."

U.S. Army Knife

"I was told when I bought this it was a U.S. Army knife. Actually you can see 'U.S.' mentioned here. So since my childhood I always keep this knife and it is quite useful... but I always, you see, use it for 'non-violent' purposes!"



Chabtse

"I do not know what you call it in English, but we call it '*chabtse*'. *Chabtse* means 'pick up mustache'. This one article belonged to the Thirteenth Dalai Lama and was made in Drabche. So there I think is some small factory. It is one favorite project. It was made – somehow – by Tibetans, but it is quite nice, quite smart. I kept and later as my mustache grew more, it became very useful. It's lasted forty years. I keep this with me."

Barometer and Altimeter

"This instrument I always keep to know the height and weather condition when I travel to different places. Especially when I travel by car, I always keep this."

Thermometer

"This, I mainly keep to show me the temperature for health reasons: Low temperature – extra blanket, high temperature – less. So this is quite useful."

Ear Device

"This is nothing special, except when my ear has an irritation, I use this. It is quite useful."

Compass

"This compass, when I travel by air, I always put beside me. Otherwise it is difficult to know which direction it is going unless the sun comes. So this always indicates the direction the airplane is going."

Chinese Toothpick

"I think this is from the Chinese tradition. After a good meal, I use this as a toothpick."